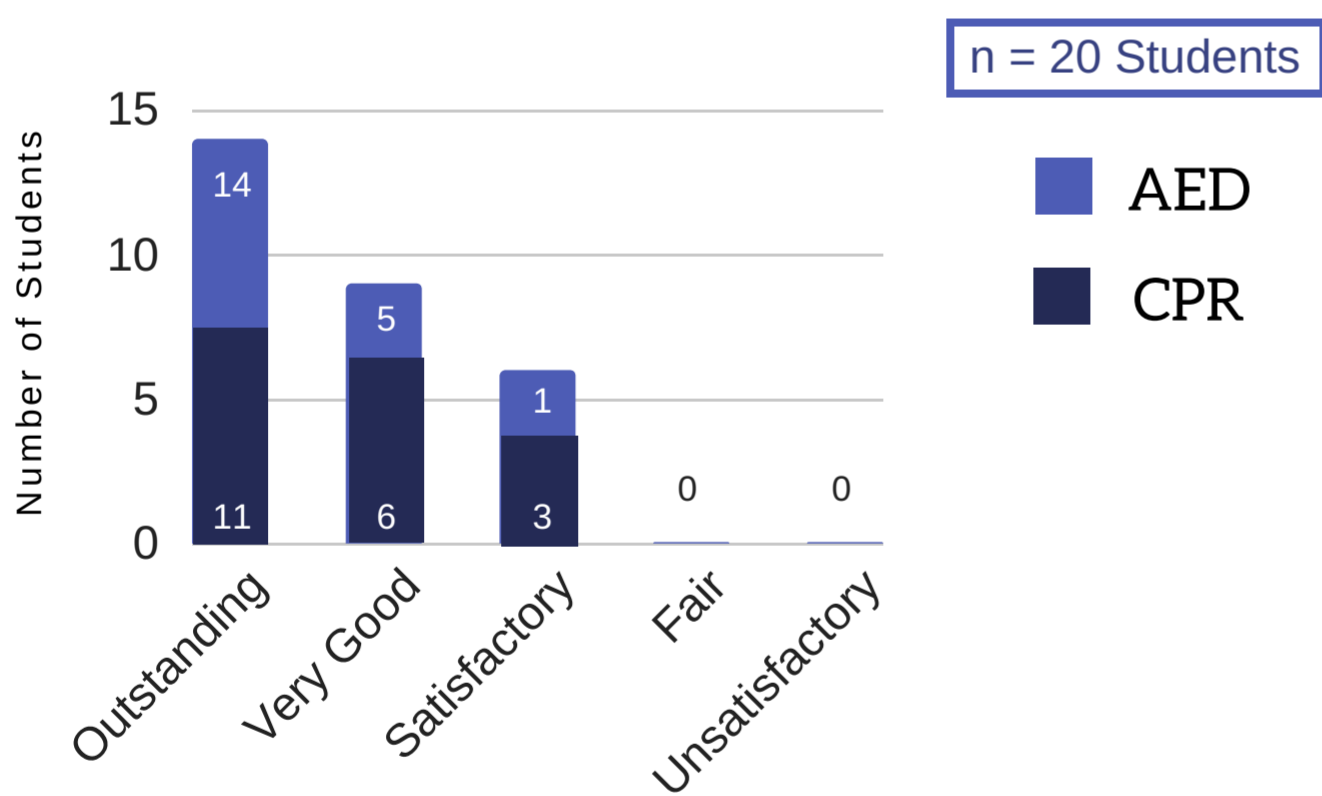


INTRODUCTION

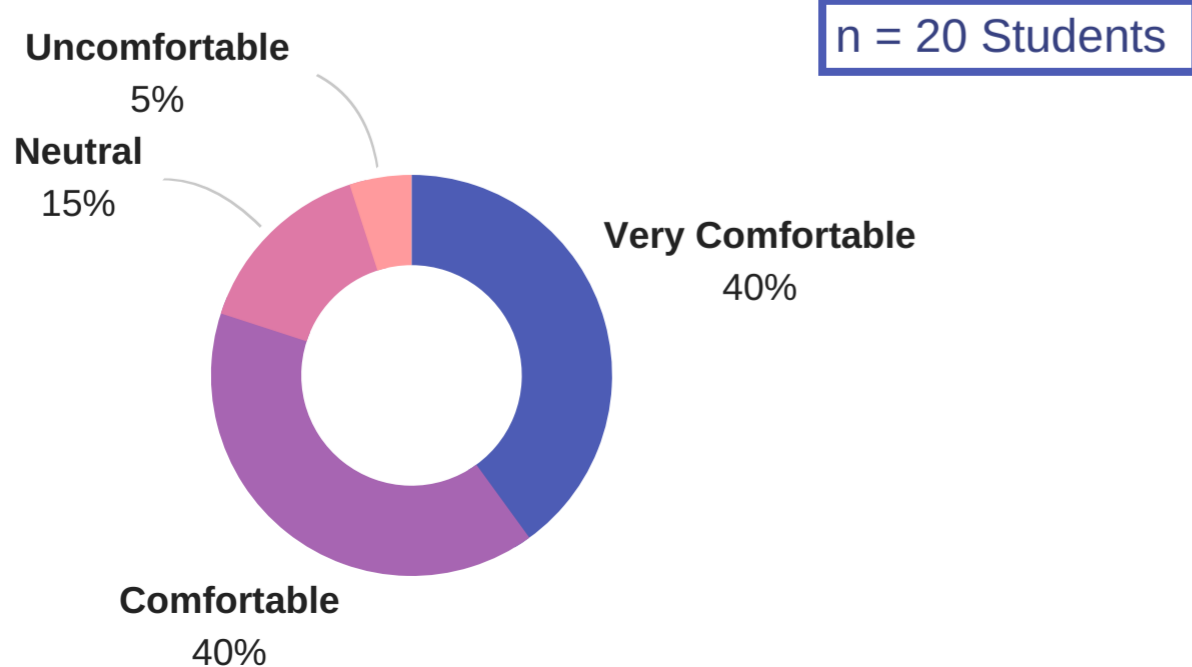
Our team had the privilege of running our Winter 2018 pilot program at Central Academy in Ann Arbor, MI. Through weekly school-based seminars, we led discussions on topics including CPR/AED training, mental health awareness, and identity. Below is just a glimpse of our progress. Moving forward, our goal is to offer and implement our health curriculum in Dearborn and Dearborn Heights Public Schools.

SEMINAR: CPR/AED

How would you rate your understanding of CPR/AED after Heal-Move-Shift's Seminar?

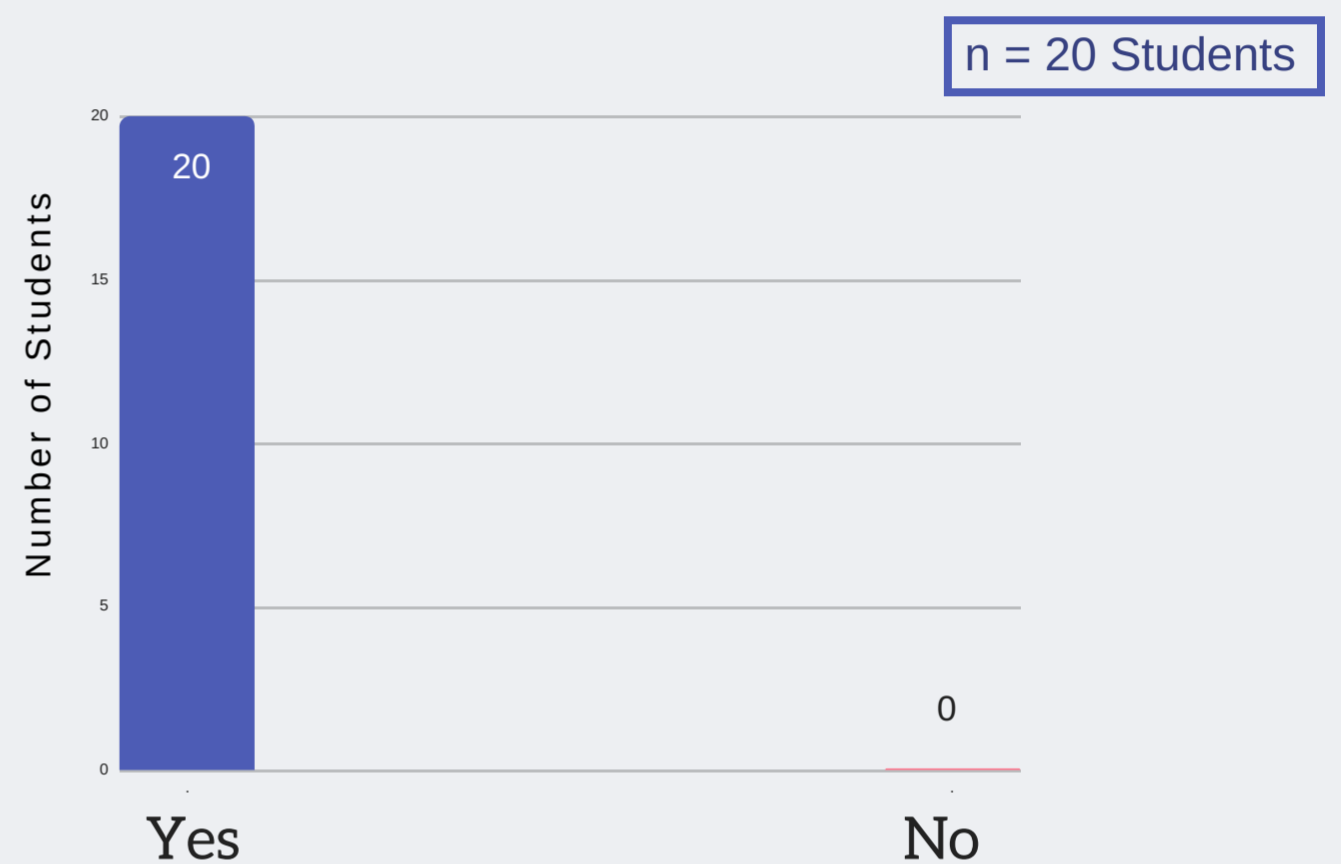


How comfortable would you feel performing CPR/AED on a person AFTER attending Heal-Move-Shift's workshop?



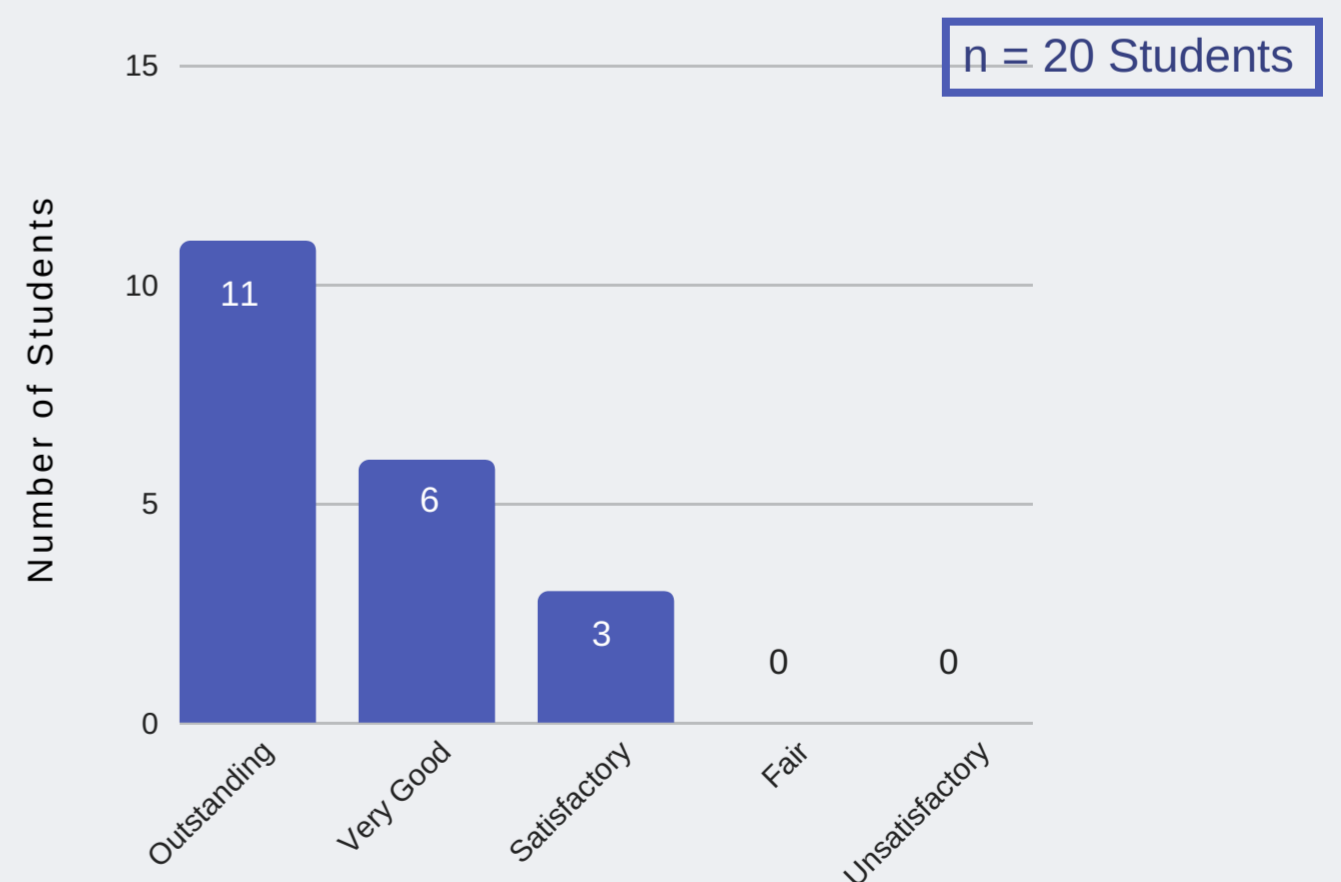
OVERALL PROGRAM EXPERIENCE

Would you recommend all the Heal-Move-Shift Seminars for future programs?



100% of students responded yes, seven times.

How would you rate your understanding and learned techniques (CPR, IDENTITY, YOGA) after completing the wellness program?



Interested in joining our team? Please reach out to us at:



www.HealMoveShift.org



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@HealMoveShift